

Position	Number	Forename	Surname	Club	Time	Category	Position in Category	Men	Women
1	84	Bruce	Raeside	Notts AC	33:19	SM	1	1	
2	79	Philip	Chritchlow	Beaumont RC	34:41	VM40	1	2	
3	102	Mark	Rose	Shepshed RC	37:21	VM40	2	3	
4	201	Claire	Woolis	Sutton Harriers	37:55	VL35	1		1
5	68	Michael	Benford	Notts AC	38:34	SM	2	4	
6	202	Gemma	Steel	Hermitage Harriers	39:24	SL	1		2
7	105	Glen	Coleman	Long Eaton RC	39:41	VM45	1	5	
8	5	Ian	Chant	Long Eaton RC	40:06	SM	3	6	
9	83	Andy	Parkin	Ripley R C	40:20	SM	4	7	
10	6	Daniel	Bailey	Sutton Harriers	40:24	SM	5	8	
11	156	Natalie	Yates	Mansfield Harriers	40:27	SL	2		3
12	88	David	Harrison	Dark Fell Fell Runners	40:32	VM45	2	9	
13	109	James	Butler	Redhill Road Runners	40:56	SM	6	10	
14	94	Colin	Ward	Ilkeston R C	40:59	SM	7	11	
15	13	Phil	Abbott	Long Eaton RC	41:07	SM	8	12	
16	27	David	Tissington	TFN Tri Club	41:17	SM	9	13	
17	38	Robert	Roper	Worksop Harriers	41:29	SM	10	14	
18	28	Alan	Maplethorpe	Long Eaton RC	42:06	VM45	3	15	
19	107	Matthew	Bath	n/a	42:15	U19	1	16	
20	101	Andrew	Dodson	n/a	42:20	SM	11	17	
21	76	Dave	Needham	n/a	42:26	VM50	1	18	
22	93	Chris	Hamilton	n/a	42:43	SM	12	19	
23	39	Jeremy	Bateman	Ripley R C	42:45	VM50	2	20	
24	92	Darren	Potter	Notts AC	42:57	SM	13	21	
25	1	Barry	Harper	Notts AC	43:01	VM45	4	22	
26	205	Monica	Fee	Long Eaton RC	43:05	SL	3		4
27	110	Matthew	Moore	Holme Pierrepont	43:11	VM40	3	23	
28	183	Emma	Humphrey	London Heathside	43:14	SL	4		5
29	111	Thomas	Maunsell	Leevale	43:34	SM	14	24	
30	53	Luke	Saxton	n/a	43:41	SM	15	25	
31	103	Trevor	Hiscox	Mansfield Harriers	44:02	VM45	5	26	
32	16	Glen	Weston	n/a	44:17	VM40	4	27	
33	3	Paul	Mettam	n/a	44:18	VM40	5	28	
34	58	David	Gorley	Leicester Triathlon	44:19	SM	16	29	
35	49	Wayne	Spelman	North Derbyshire R C	45:08	SM	17	30	
36	47	Christophe	McDonnell	Notfast	45:14	VM45	6	31	
37	19	Nigel	Paylor	Notts Police	45:15	SM	18	32	
38	82	Rob	Smith	Long Eaton RC	45:18	SM	19	33	
39	74	Chris	Allcock	n/a	45:38	SM	20	34	
40	164	Steph	Spencer	Matlock R C	45:54	VL35	2		6
41	50	Andrew	Mitchell	Heanor R C	46:05	SM	21	35	
42	12	Steve	Gelder	Redhill Road Runners	46:09	VM40	6	36	
43	56	Jude	Humphrey	Belper Harriers	46:11	SM	22	37	
44	73	Darren	Bradley	n/a	46:37	SM	23	38	
45	65	Mark	Goodson	LERC	46:54	SM	24	39	
46	31	Julian	Wood	Mansfield Harriers	46:55	VM45	7	40	
47	175	Mary	Mills	Holme Pierrepont	46:55	VL45	1		7
48	45	Brett	Beeson	n/a	47:04	VM50	3	41	
49	113	Paul	Coe	Ilkeston R C	47:05	VM50	4	42	
50	26	Graham	Smith	n/a	47:07	VM50	5	43	
51	48	Mark	Owens	n/a	47:09	SM	25	44	
52	24	Alan	Smith	Heanor R C	47:11	VM50	6	45	
53	75	David	Manning-Ohren	4Life Tri Club	47:20	VM40	7	46	
54	29	David	Keegan	Shelton Striders	47:30	VM60	1	47	
55	160	Heather	Thornton	n/a	47:35	SL	5		8
56	72	Kevin	Hudson	Porridge People	48:18	VM45	8	48	

57	30	Robert	Sharratt	Ilkeston R C	48:30	VM50	7	49	
58	33	Steve	Smith	n/a	48:57	VM45	9	50	
59	204	Helen	Bates	Ilkeston R C	49:00	VL45	2		9
60	97	Benjamin	Griffiths	n/a	49:03	SM	26	51	
61	95	Andy	Lee	n/a	49:23	SM	27	52	
62	81	Shaun	Burton	Long Eaton RC	49:57	VM40	8	53	
63	22	Alexander	Harvie	Notts Police	50:11	SM	28	54	
64	21	Wayne	Turner	Mansfield Harriers	50:13	SM	29	55	
65	20	Damien	Collishaw	Long Eaton RC	50:28	VM45	10	56	
66	66	Mark	Bedford	n/a	50:41	VM40	9	57	
67	2	Richard	Mitson	Notts AC	50:42	SM	30	58	
68	8	Andrew	Barks	Redhill Road Runners	51:03	VM40	10	59	
69	166	Eva	Williams	Mansfield Harriers	51:07	VL40	1		10
70	51	Martin	Saunders	n/a	51:09	VM40	11	60	
71	155	Caroline	Waterhouse	Long Eaton RC	51:20	VL35	3		11
72	10	Nigel	Daniels	Redhill Road Runners	51:20	VM60	2	61	
73	35	David	Richards	Formula One	51:38	VM45	11	62	
74	173	Louise	O'Reilly	Long Eaton RC	51:46	VL35	4		12
75	87	Ian	Wallis	Long Eaton RC	51:59	VM45	12	63	
76	162	Lyndsey	Bates	Derbyshire Police	52:21	SL	6		13
77	99	Simon	Fennemore	n/a	52:36	SM	31	64	
78	96	Bryan	Potter	n/a	52:39	VM60	3	65	
79	34	Dennis	Reeson	Redhill Road Runners	53:02	VM55	1	66	
80	172	Melanie	Berry	Long Eaton RC	53:03	VL35	5		14
81	52	Vince	Earley	RSC A C	53:07	VM50	8	67	
82	153	Julie	Langlands	n/a	53:15	SL	7		15
83	85	Andy	Bray	n/a	53:18	SM	32	68	
84	78	Rob	Dransfield	n/a	53:33	VM55	2	69	
85	43	Steve	Bruce	Derbyshire Police	53:45	SM	33	70	
86	193	Vicky	Stainsby	n/a	53:57	SL	8		16
87	71	Chris	Padwick	Porridge People	53:57	VM40	12	71	
88	86	Neil	Housley	n/a	54:04	SM	34	72	
89	23	Paul	Bates	Derbyshire Police	54:08	SM	35	73	
90	203	Jackie	Ward	Ilkeston R C	54:09	VL35	6		17
91	77	Robert	Argyle	n/a	54:13	VM50	9	74	
92	170	Lara	Beardsley	n/a	54:36	VL35	7		18
93	98	Rob	Crocker	Holme Pierrepont	54:39	VM50	10	75	
94	44	David	Bland	Holme Pierrepont	54:46	VM55	3	76	
95	209	Suze	Watts	Holme Pierrepont	54:47	SL	9		19
96	171	Lisa	Reddish	Notts AC	54:50	VL35	8		20
97	152	Sarah	Hilder	n/a	54:56	SL	10		21
98	14	Jeff	Rainbow	Formula One	55:19	VM55	4	77	
99	63	Barrie	Williams	Retford RC	55:31	VM60	4	78	
100	178	Lyn	McDonnell	Notfast	55:40	VL50	1		22
101	158	Alison	Short	n/a	56:03	SL	11		23
102	174	Lorraine	Griffiths	Ripley R C	56:13	VL50	2		24
103	42	Robert	Shankland	n/a	56:18	VM55	5	79	
104	165	Carol	Sharratt	Ilkeston R C	56:23	VL50	3		25
105	163	Nicola	Melton	n/a	56:27	SL	12		26
106	90	Mark	Reid	n/a	56:35	SM	36	80	
107	89	Steve	Skelton	Heanor R C	56:48	VM45	13	81	
108	206	Rachael	Murray	Sweatshop	56:49	SL	13		27
109	207	Helena	Wootton	n/a	56:51	SL	14		28
110	159	Sam	Hardy	n/a	56:56	SL	15		29
111	154	Jackie	Hancock	Heanor R C	57:04	SL	16		30
112	179	Carolyn	Earley	RSC A C	57:12	VL50	4		31
113	168	Lorraine	Varney	Formula One	57:16	VL45	3		32
114	184	Anne	Humphrey	Belper Harriers	57:22	VL55	1		33
115	57	John	Booth	n/a	57:28	VM40	13	82	
116	40	Ian	Stubbs	Shepshed R C	57:42	VM60	5	83	
117	112	Steven	Berry	Goyt Valley Striders	57:49	VM45	14	84	

118	40 Ian	Stubbs	Shepshed R C	57:52	VM60	6	85	
119	100 Steven	Saunders	n/a	58:01	VM55	6	86	
120	185 Frances	Owusu	n/a	58:30	VL35	9		34
121	196 Fabienne	Schiess	Notts AC	58:49	VL45	4		35
122	80 David	Capel	Rolls Royce Harriers	59:10	VM60	7	87	
123	200 Margaret	Whittingham	n/a	60:47	VL45	5		36
124	150 Lesley	Edleston	n/a	60:47	VL50	5		37
125	15 Robert	Merquis	n/a	61:14	VM45	15	88	
126	176 Kathy	Crockford	Long Eaton RC	62:14	VL45	6		38
127	4 Graham	Benton	Maltby R C	62:15	VM50	11	89	
128	62 Luke	Bird	n/a	62:31	SM	37	90	
129	169 Helga	Hallam	n/a	63:47	VL35	10		39
130	186 Heather	Tarrant	n/a	63:48	VL35	11		40
131	41 Bob	Crockford	Long Eaton RC	64:13	VM50	12	91	
132	91 Don	Bensemman	n/a	64:31	VM60	8	92	
133	180 Louise	Walster	Notts Police	65:52	VL40	2		41
134	198 Amanda	Lewis	n/a	66:04	SL	17		42
135	187 Lisa	Hall	n/a	66:49	VL35	12		43
136	151 Deanna	Smith	n/a	66:56	VL40	3		44
137	108 Jamie	Rooke	Chilwell Runners	67:29	SM	38	93	
138	194 Sue	Bates	Ilkeston R C	68:05	VL45	7		45
139	104 Douglas	Spalding	Ilkeston R C	68:11	VM60	9	94	
140	208 Michelle	Castanito	n/a	68:20	VL40	4		46
141	177 Lynette	Stubblings	n/a	69:07	VL35	13		47
142	199 Jennifer	Manning-Ohren	4Life Tri Club	69:42	VL35	14		48
143	157 Iris	Travis	Formula One	71:58	VL40	5		49
144	37 Peter	Lythgoe	n/a	72:23	VM45	16	95	
145	70 Scott	James	n/a	73:15	SM	39	96	
146	197 Kayrene	James	n/a	73:15	VL35	15		50