

Position	Number	Forename	Surname	Club	Time	Category	Position in Category	Men	Women
1	503	Bruce	Raeside	Notts AC	33:37	SM	1	1	
2	482	Andy	Colegate	Long Eaton RC	36:40	SM	2	2	
3	471	Dean	Cross	Sutton Harriers	36:50	MV40	1	3	
4	430	Darren	Symes	Trainee Accountant	37:17	MV40	2	4	
5	262	Claire	Woolis	Sutton Harriers	37:29	LV35	1		1
6	353	Tom	Craggs	Mornington Chasers	37:35	SM	3	5	
7	379	Ian	Chant	Long Eaton RC	37:48	SM	4	6	
8	392	Robert	Fox	Long Eaton RC	37:49	MV45	1	7	
9	469	Lee	Pridmore	0	38:00	SM	5	8	
10	446	Anthony	Barrabble	0	38:41	MV55	1	9	
11	373	Alan	Beasty	Trainee Accountant	38:44	MV50	1	10	
12	435	David	Baker	0	39:29	SM	6	11	
13	458	Ian	Adkin	Long Eaton RC	39:37	MV40	3	12	
14	264	Nicki	De La Salle	Notts AC	39:40	SL	1		2
15	481	Kurt	Fitch	MVH Triathlon	39:53	MV40	4	13	
16	388	Patrick	Fitzgerald	Long Eaton RC	40:11	MV45	2	14	
17	450	Simon	Hardy	Long Eaton RC	40:23	SM	7	15	
18	490	Colin	Ward	Ilkeston R C 'A'	40:31	SM	8	16	
19	383	Mario	Rochelli	Long Eaton RC	40:50	SM	9	17	
20	506	John	Bedford	0	41:05	SM	10	18	
21	438	Michael	Roe	0	41:13	SM	11	19	
22	472	David	Harrison	Dark Peak Fell Runners	41:30	MV45	3	20	
23	425	Luke	Saxton	0	41:39	SM	12	21	
24	491	Jonathan	Pitts	Ilkeston R C 'A'	41:41	MV45	4	22	
25	350	Adam	Wright	Redhill R R	41:55	MV40	5	23	
26	431	Kevin	Bowen	Trainee Accountant	42:14	SM	13	24	
27	387	Daniel	Anderson	Beaumont R C	42:18	SM	14	25	
28	281	Matthew	Bath	0	42:21	U/19	1	26	
29	483	Paul	Coe	Ilkeston R C 'A'	42:22	MV50	2	27	
30	400	Carl	Wright	0	42:32	SM	15	28	
31	502	Wayne	Spelman	North Derbyshire R C	42:55	SM	16	29	

32	511	Simon	Campbell	Holme Pierrepont	43:03	SM	17	30	
33	423	Martin	Way	Long Eaton RC	43:05	MV45	5	31	
34	358	Alexander	Combie	Newark A C	43:10	SM	18	32	
35	351	Sean	Matthews	Long Eaton RC	43:12	MV40	6	33	
36	362	Jerry	Bateman	Ripley R C	43:16	MV50	3	34	
37	434	Matthew	Tusa	0	43:44	SM	19	35	
38	510	Simon	Davis	Ilkeston R C	43:47	MV45	6	36	
39	239	Jacqueline	Kind	Sutton Harriers	44:10	LV40	1		3
40	445	Paul	Rodgers	0	44:19	MV45	7	37	
41	505	Andrew	Williscroft	Long Eaton RC	44:24	SM	20	38	
42	213	Kathryn	Marshall	0	44:25	SL	2		4
43	452	Glenn	Moore	Lincoln Wellington	44:38	MV45	8	39	
44	394	Andrew	Hewitt	0	44:46	SM	21	40	
45	389	Mark	Rowlson	Beeston R C	44:55	MV40	7	41	
46	409	Robert	Sharratt	Ilkeston R C	44:57	MV50	4	42	
47	399	Peter	Burton	0	44:57	SM	22	43	
48	501	Guy	Roberts	Holme Pierrepont	45:03	MV45	9	44	
49	467	Paul	Stacey	Redhill R R	45:09	MV45	10	45	
50	395	John	O'Donnell	Beeston R C	45:20	MV60	1	46	
51	516	David	Riley	Long Eaton RC	45:34	MV50	5	47	
52	236	Karyn	Stander	Redhill R R	45:35	SL	3		5
53	466	Graham	Webster	Redhill R R	45:43	MV45	11	48	
54	114	Sean	Dyche	0	46:00	U/19	2	49	
55	459	James	Davies	Fell Runners Assoc	46:02	MV50	6	50	
56	269	Helen	Stout	Erewash R C	46:04	LV35	2		6
57	357	John	Combie	Newark A C	46:08	MV60	2	51	
58	371	Rod	Muir	Derby Tri	46:18	SM	23	52	
59	368	Brett	Beeson	0	46:21	MV50	7	53	
60	354	Steve	Gelder	Redhill R R	46:34	MV40	8	54	
61	512	Lee	Marshall	0	46:39	SM	24	55	
62	457	Dennis	Parker	Erewash R C	46:40	MV50	8	56	
63	463	Shaun	Burton	Long Eaton RC	46:41	MV40	9	57	
64	517	Garry	Cooper	0	46:53	SM	25	58	

65	489	Mark	Goodson	LERC	46:57	SM	26	59	
66	488	David	Smith	Beeston R C	47:02	MV50	9	60	
67	486	Paul	Gilbert	Ilkeston R C 'A'	47:03	MV40	10	61	
68	365	John	Cass	Redhill R R	47:05	MV55	2	62	
69	401	Paul	Campion	0	47:10	MV55	3	63	
70	449	Darren	Pyefinch	Long Eaton RC	47:11	SM	27	64	
71	255	Val	Naylor	Sutton Harriers	47:12	LV55	1		7
72	464	Duane	Hinchcliffe	0	47:19	MV45	12	65	
73	403	Rab	Acid	Beeston R C	47:21	MV55	4	66	
74	251	Natalie	Fryer	Long Eaton RC	47:30	SL	4		8
75	242	Mary	Mills	Holme Pierrepont	47:38	LV45	1		9
76	493	Mark	Harrison	Long Eaton RC	47:40	SM	28	67	
77	361	A	Stevens	Formula One	47:46	MV45	13	68	
78	372	James	Beasty	Trainee Accountant	48:22	SM	29	69	
79	408	Martin	Saunders	Notts AC	48:34	MV40	11	70	
80	268	Heather	Thornton	0	48:38	LV40	2		10
81	475	Nick	Wells	0	48:52	MV40	12	71	
82	412	John	Hay	Long Eaton RC	48:54	MV45	14	72	
83	441	Adrian	Wheatley	0	48:56	MV55	5	73	
84	414	Malcolm	Hood	0	48:57	MV45	15	74	
85	215	Sarah	Priestley	E Y R C	49:02	LV35	3		11
86	415	Richard	Worrall	0	49:04	SM	30	75	
87	417	Peter	Wilkinson	Long Eaton RC	49:05	SM	31	76	
88	462	Kristopher	Johnson	0	49:11	SM	32	77	
89	476	David	Keegan	Shelton Striders	49:21	MV60	3	78	
90	433	Jonathan	Lawford	Southwell R C	49:24	SM	33	79	
91	468	Malcolm	Read	Holme Pierrepont	49:32	MV55	6	80	
92	260	Pascale	Holden	Shelton Striders	49:46	SL	5		12
93	465	Alan	Baker	0	49:46	MV45	16	81	
94	454	Simon	Oldacre	0	49:48	SM	34	82	
95	276	Chibeka	Kasonde	0	49:51	LV35	4		13
96	398	Anthony	Williamson	Beeston R C	49:56	SM	35	83	
97	507	David	Bedford	0	50:00	MV55	7	84	

98	233	Lara	Beardsley	0	50:04	LV35	5		14
99	440	Gary	Buckley	0	50:07	SM	36	85	
100	382	Andy	Graves	0	50:26	MV40	13	86	
101	374	Steven	Saunders	Ripley R C	50:27	MV55	8	87	
102	359	Michael	Doyle	KADS	50:29	MV50	10	88	
103	428	Andy	Pritchett	Notfast	50:43	MV45	17	89	
104	263	Wendy	Kane	Notts AC	50:54	LV40	3		15
105		Number	obscured		50:55		0	#N/A	#N/A
106	436	Andrew	Sefton	0	50:57	MV40	14	90	
107	470	Nigel	Daniels	Redhill R R	50:59	MV60	4	91	
108	230	Sylvia	Binch	0	51:05	LV45	2		16
109	225	Carol	Prokopyszyn	Long Eaton RC	51:30	LV40	4		17
110	477	Clive	Hayward	0	51:32	MV55	9	92	
111	515	Andrew	Bartram	0	51:36	SM	37	93	
112	411	Christopher	Soar	0	51:39	MV50	11	94	
113	240	Carol	Sharratt	Ilkeston R C	51:50	LV50	1		18
114	500	Mark	Orme	0	51:57	SM	38	95	
115	250	Sarah	Williams	Rolls Royce Harriers	51:59	SL	6		19
116	480	David	Woodhouse	Ripley R C	52:05	MV50	12	96	
117	499	Malc	Richards	0	52:13	MV45	18	97	
118	447	David	Smith	0	52:17	MV40	15	98	
119	474	Simon	Ashton	0	52:24	MV40	16	99	
120	247	Gemma	Savidge	Ripley R C	52:27	SL	7		20
121	238	Lindsey	Limb	Sutton Harriers	52:28	LV50	2		21
122	376	George	Jones	0	52:45	MV50	13	100	
123	217	Lorraine	Griffiths	Ripley R C	52:48	LV50	3		22
124	402	Dennis	Reeson	Redhill R R	52:49	MV55	10	101	
125	363	Robert	Browne	Erewash R C	53:03	MV50	14	102	
126	473	Adam	Ashton	0	53:06	MV40	17	103	
127	439	Nicholas	Lowe	0	53:07	SM	39	104	
128	416	Michael	Monks	Redhill R R	53:10	MV55	11	105	
129	496	Christopher	Lowe	0	53:11	MV55	12	106	
130	279	Louise	O'Reilly	Long Eaton RC	53:15	LV40	5		23

131	386	Nevil	Croston	0	53:16	MV55	13	107	
132	271	Debbie	Coleman	Long Eaton RC	53:21	SL	8		24
133	270	Louise	Hughes	Long Eaton RC	53:27	SL	9		25
134	232	Vikki	Jones	0	53:28	LV40	6		26
135	498	Adrian	Morgan	0	53:37	MV45	19	108	
136	513	John	Holubjowski	0	53:53	MV45	20	109	
137	453	John	Walton	Holme Pierrepont	54:01	SM	40	110	
138	284	Amy	Robinson	Belper Harriers	54:03	SL	10		27
139	384	Peter	Gamble	0	54:09	MV55	14	111	
140	278	Melanie	Berry	0	54:12	LV40	7		28
141	421	Bruce	Nicholson	0	54:18	MV45	21	112	
142	422	Paul	Gray	0	54:27	SM	41	113	
143	509	Robert	Shankland	0	54:32	MV55	15	114	
144	460	Alan	Franks	0	54:33	MV50	15	115	
145	487	Anthony	Noble	0	54:34	MV60	5	116	
146	424	Paul	Savidge	0	54:35	MV40	18	117	
147	427	Tim	Rycroft	0	54:35	MV40	19	118	
148	405	David	Lander	Sinfin R C	54:47	MV45	22	119	
149	274	Jackie	Ward	Ilkeston R C	54:54	LV40	8		29
150	248	Arianna	Casiraghi	0	55:09	SL	11		30
151	355	Philip	Pointon	0	55:15	MV60	6	120	
152	410	Jason	Cooper	0	55:25	SM	42	121	
153	406	Phil	Newbold	Sinfin R C	55:33	MV55	16	122	
154	367	Jeff	Rainbow	Formula One	55:48	MV50	16	123	
155	495	Stuart	Benyon	Uknetrunner	56:02	MV45	23	124	
156	484	Alan	Sandford	0	56:51	MV50	17	125	
157	448	Kevin	Clarke	0	56:53	MV55	17	126	
158	429	Michael	Cann	0	56:57	SM	43	127	
159	393	Mark	O'Reilly	Long Eaton RC	56:58	MV40	20	128	
160	246	Carolyn	Earley	RSCAC	57:10	LV50	4		31
161	378	Neal	Matthews	0	57:15	MV40	21	129	
162	265	Claire	Hirons	Shelton Striders	57:25	SL	12		32
163	252	Amy	Charlesworth	0	57:43	SL	13		33

164	256	Louise	Romanienko	0	57:46	SL	14		34
165	267	Hayley-Dawn	Ho	Shelton Striders	57:49	LV40	9		35
166	273	Vicki	Cotton	0	57:50	LV35	6		36
167	243	Claire	Wilkinson	Long Eaton RC	57:51	SL	15		37
168	254	Ann	Cumming	0	57:53	LV55	2		38
169	390	Ian	Stubbs	Shepshed R C	58:02	MV60	7	130	
170	381	Matthew	Judson	Notts AC	58:12	SM	44	131	
171	224	Kerry	Allen	Shelton Striders	58:12	SL	16		39
172	437	Terry	Cumming	0	58:48	MV60	8	132	
173	258	Victoria	Mayman	0	58:50	SL	17		40
174	479	Philip	Cresswell	0	58:51	MV40	22	133	
175	478	Derek	Bonser	0	58:52	SM	45	134	
176	257	Helena	Houghton	0	58:52	LV35	7		41
177	266	Nicole	Moore	0	59:03	LV35	8		42
178	504	Gary	Lycett	0	59:16	MV45	24	135	
179	261	Suzi	Jordan	0	59:18	SL	18		43
180	259	Liz	Brooks	0	59:49	SL	19		44
181	396	Les	Arrowsmith	Blackwell AC	60:18	MV60	9	136	
182	356	Andrew	Hoggard	0	60:23	SM	46	137	
183	212	Lesley	Eddleston	0	60:32	LV50	5		45
184	253	Tracy	Terriss	0	61:10	SL	20		46
185	221	Iris	Travis	Formula One	61:33	LV40	10		47
186	226	Kathy	Crockford	Long Eaton RC	61:40	LV50	6		48
187	280	Helen	Keighley	0	62:27	SL	21		49
188	492	Simon	Everingham	0	62:56	SM	47	138	
189	272	Wendy	Akers	0	63:29	LV40	11		50
190	497	Darrel	Thompson	Whetstone Harriers	63:51	MV45	25	139	
191	397	Christopher	Jordan	0	64:20	SM	48	140	
192	461	Dave	Smith	Lincoln Wellington	64:37	MV50	18	141	
193	514	Jamie	Rooke	Chilwell Runners	65:44	SM	49	142	
194	451	Ross	Wilson	0	65:59	SM	50	143	
195	234	Liz	Vallance	0	66:02	LV40	12		51
196	235	Clare	Miles	0	66:02	LV35	9		52

197	494	John	Bullock	0	68:00	MV55	18	144	
198	216	Paula	Wheatley	T F N	68:26	LV 40	13		53
199	218	Carol	Porter	0	68:26	LV40	13		54
200	277	Sarah	Caulton	0	68:41	SL	22		55
201	249	Antonia	Mey	0	68:43	SL	23		56
202	231	Sara	Ashdown	0	70:16	SL	24		57
203	391	Paul	Nicholls	0	71:16	MV40	23	145	
204	407	Peter	Dilks	Rolls Royce Harriers	72:10	MV60	10	146	
205	229	Amy	Barker	0	72:28	SL	25		58
206	275	Nicola	Greensmith	Long Eaton RC	72:36	SL	26		59
207	244	Kate	Tansley	0	72:36	SL	27		60
208	228	Raki	Chahal	0	74:20	SL	28		61
209	508	Ian	Barradell	0	77:47	MV40	24	147	
210	283	Angela	Barradell	0	77:47	LV40	14		62